

ATTENTION NEW PATIENTS and MANAGED CARE PATIENTS:

Complications of using health insurance benefits include:

Loss of Confidentiality

- Information may be reviewed by employees of the insurance company and a separate managed care company
- Some employees of those companies do not have the same training in confidentiality as professionals
- Insurers put confidential information in computers
- Industry mergers allow information to change hands

Loss of Control of Treatment

- Managed care companies make money by reducing treatment
- Treatment decisions are based on formulas for average cases
- Managed care treatment focuses on symptoms, not underlying problems

Effects of Psychiatric Diagnosis

- Health insurance benefits can only be used for the treatment of an illness, requiring a diagnosis
- Choosing not to use health insurance benefits means you do not have to have a psychiatric diagnosis

If you do not know if your insurance company is a managed care company, please call them and ask.